

2022 Participant Login and Scheduling Instructions



Kendall Packaging Corporation is offering a voluntary health screening as part of an employer sponsored wellness program.

Take an active role in your health and experience the benefits of wellness!

Getting Started

Login to your MyHealics Dashboard - go to www.myhealics.com and enter your participant login information.

- **PARTICIPANT ID/USER NAME** (not case sensitive) – your Participant ID is provided to Healics by your employer and is your employee ID number. If you do not know your participant ID, you will need to contact your employer. You can use your email as your participant ID after your first login. Spouses will use the employee’s Participant ID with an “S” at the end (i.e. 1234S).
- **PASSWORD** (case sensitive) – wellness (this is the password for first time login only, you will be directed to change your password at your first login)
- **COMPANY ID** (not case sensitive) – Kendall
- **NEED HELP?** – if you need assistance accessing your account, email our team at receptionist@healics.com and we will be happy to assist you!

Each participant has their own dashboard and login. If your spouse is participating in the health screening, they will need to log into their own MyHealics Dashboard to complete the questionnaire.

MyHealics Health Assessment

1. Click **Questionnaire** in the **top menu bar** on the **dashboard** to complete your Consent and Authorization and MyHealics Health Assessment. Enter the Access Code for the location where you want to schedule your MyHealics BioScreen appointment (refer to table below).

Biometric Screening Location	Access Code
Kendall Packaging Corporation – Jefferson, WI	KendallJef
Kendall Packaging Corporation – Mequon, WI	KendallMeq
Kendall Packaging Corporation – Pittsburg, KS	KendallPitts

- Once you have completed the questionnaire, see your site coordinator for your appointment time.

MyHealics Results Consultation

- Employees: see your site coordinator for your Results Consultation appointment time.
- Spouses will receive a call from a Healics Health Advisor following the Biometric Screening to complete the session telephonically.

Additional Information

- If you need to cancel your appointment or are having trouble locating your appointment information, contact your Site Coordinator.
- You will receive any necessary forms for the health screening from your Site Coordinator. If you have any questions or need further information, contact your Site Coordinator.

The **Program Documents** section of your MyHealics Dashboard contains the Healics Health Screening FAQ and the booklet “Your Guide to a Healthier, More Vibrant Life”.

You will receive an email (if you provide a valid email address in the **Profile** section of your MyHealics Dashboard) when your Individual Health Profile is available (approximately 2-3 weeks after your screening date). Login to your MyHealics Dashboard and click **Reports** to view your results from the health screening.

Your health plan is committed to helping you achieve your best health status. Rewards for participating in a wellness program are available to all employees. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact your HR department or Healics and we will work with you (and, if you wish, with your primary care provider) to find a wellness program with the same reward that is right for you based on your health status.

